

BALLSTON SPA BANCORP, INC.

NOTICE OF ANNUAL MEETING OF SHAREHOLDERS

TO HOLDERS OF SHARES OF COMMON STOCK

NOTICE IS HEREBY GIVEN that the 2010 Annual Meeting of Shareholders of Ballston Spa Bancorp, Inc. will be held at Hyatt Place, 20 State Farm Place, Malta, New York, on Thursday, May 6, 2010, at 11:00 a.m. for the purpose of considering and voting upon the following matter:

1. **Election of Directors.** Election of the nominees listed in the Proxy Statement dated March 30, 2010, accompanying the Notice of said meeting.

Management is not aware of any other business that may be properly brought before the Annual Meeting in accordance with the Bylaws of the Corporation.

Only those shareholders of record at the close of business March 22, 2010, shall be entitled to this Notice of Annual Meeting and to vote at the Meeting.

By Order of the Board of Directors dated March 30, 2010.



Timothy E. Blow
Executive Vice President,
Corporate Secretary and Chief Financial Officer

IMPORTANT NOTICE OF INTERNET AVAILABILITY OF PROXY MATERIALS

The 2009 Annual Report, and the Notice of 2010 Annual Meeting of Shareholders and Proxy Statement may be found at:

www.bsnb.com/site/about_bank_profile.html



Ballston Spa National Bank is a subsidiary of Ballston Spa Bancorp, Inc.
General Information (518) 885-6781 • www.bsnb.com



BALLSTON SPA BANCORP, INC.

NOTICE OF 2010 ANNUAL MEETING OF SHAREHOLDERS AND PROXY STATEMENT

Thursday, May 6, 2010
11:00 a.m.
Hyatt Place
20 State Farm Place
Malta, NY 12020

March 30, 2010

Dear Shareholders:

You are cordially invited to attend the 2010 Annual Meeting of Shareholders of Ballston Spa Bancorp, Inc. Our Annual Meeting will be held at Hyatt Place, 20 State Farm Place, Malta, NY 12020, on Thursday, May 6, 2010.

The enclosed information includes the Notice of Annual Meeting of Shareholders, the Proxy Statement and the Annual Report for 2009. If you have previously signed up for electronic delivery of our Annual Report, it is now available via our website (www.bsnb.com).

The formal business to be transacted during the Annual Meeting includes a review of our financial performance, followed by the election of Directors. A brief biography of each of our nominated Directors is provided here for your consideration. Also enclosed is a Proxy Form for recording your vote.

Of special note is the retirement of Thomas K. Gallogly from the Board of Directors. Please refer to page 15 of the 2009 Annual Report for a review of Mr. Gallogly's contributions to the Bank over the last 40 years. The Board of Directors will evaluate potential candidates to serve on the Board with the intent to present the nominee for election at the 2011 Annual Meeting of Shareholders.

Please sign and date the Proxy Form and return it in the envelope provided at your earliest convenience. If you are planning to attend the meeting in person, please contact Timothy Blow at (518) 363-8641.

Sincerely,



Robert E. Van Vranken
Chairman of the Board

BALLSTON SPA BANCORP, INC.

PROXY STATEMENT

As of this date, the number of shares of common stock outstanding and entitled to vote at the Annual Meeting of Shareholders is 742,663. Only those shareholders of record at the close of business on March 22, 2010, shall be entitled to vote.

Election of Directors

The persons named below have been nominated for election to serve until the 2011 Annual Meeting of Shareholders. In accordance with the Bylaws, no additional nominations by a shareholder have been received or may be made.

Robert Van Vranken, Esq.

Mr. Van Vranken is an Attorney with a general practice in Burnt Hills, NY. He was elected to the Board of Directors in 1992 and currently serves as Chairman. He is a Member of the Executive, Governance, and Compensation Committees.

Mr. Van Vranken is a member of the Board of Directors of the Capital Region Theological Center, a not for profit corporation with offices in Albany, NY and is a Vice President of the Holland Society of New York.

Christopher Dowd

Mr. Dowd is the President/CEO of Ballston Spa National Bank. He was elected to the Board of Directors in 2004, and currently serves as a Member of the Executive and Trust Investment Committees.

Mr. Dowd is currently the Chairman of the Board of the Adirondack/Saratoga Chapter of the American Red Cross.

J. Peter Hansen, DVM

Dr. Hansen is a retired Veterinarian. He was elected to the Board of Directors in 1985, and currently serves as a Member of the Technology and Trust Investment Committees.

Dr. Hansen is a Director on the Ballston Spa Cemetery Board.

Ronald Harrington

Mr. Harrington is the Treasurer for Cottrell Paper Company, Inc. He was elected to the Board of Directors in 1988, and currently serves as a Member of the Executive, Trust Investment, and Governance Committees.

Stephen Strader, MD

Dr. Strader is a Physician at Capital Care. He was elected to the Board of Directors in 1998, and currently serves as a Member of the Examining, Technology, and Governance Committees.

Timothy Provost

Mr. Provost is a Principal at Sneeringer Monahan Provost Redgrave Title Agency, Inc. He was elected to the Board of Directors in 1999, and currently serves as a Member of the Examining, Executive, Governance, and Compensation Committees.

Mr. Provost is a Member of the Board of Trustees of the Saratoga County YMCA and is a Member of the Executive Committee of the New York State Land Title Association.

Michael Dunn

Mr. Dunn is a Vice President with the Hearst Corporation. He was elected to the Board of Directors in 2005, and currently serves as a Member of the Technology and Compensation Committees.

Susan Watson, CPA

Ms. Watson is a Certified Public Accountant with an expertise in estate and trust taxation. She is a partner in Watson, Peterson & Company CPAs PLLC. Ms. Watson was elected to the Board of Directors in 2007, and currently serves as a Member of the Examining and Trust Committees.

Ms. Watson is a Member of the SCCC Paralegal Advisory Board and the WMHT Planned Giving Advisory Committee. She also sits as a Trustee for the Heritage Home for Women in Schenectady, NY.